

The #1 Tip: Wear A Helmet!

Nearly 70 percent of all fatal bicycle crashes involve head injuries, yet fewer than 30 percent all bicyclists wear bicycle helmets.

If you do not have a helmet, the main thing you want to look for is a certification by CPSC (Consumer Products Safety Commission). This seal means the helmet has been tested and meets or exceeds industry standards for shock absorption and head protection. Ask an expert to assist you in selecting a proper fitting helmet. Don't turn cycling into a nightmare, wear a bicycle helmet every time you ride.

FLORIDA LAW REQUIRES A BICYCLE RIDER OR PASSENGER UNDER 16 TO WEAR A BICYCLE HELMET.



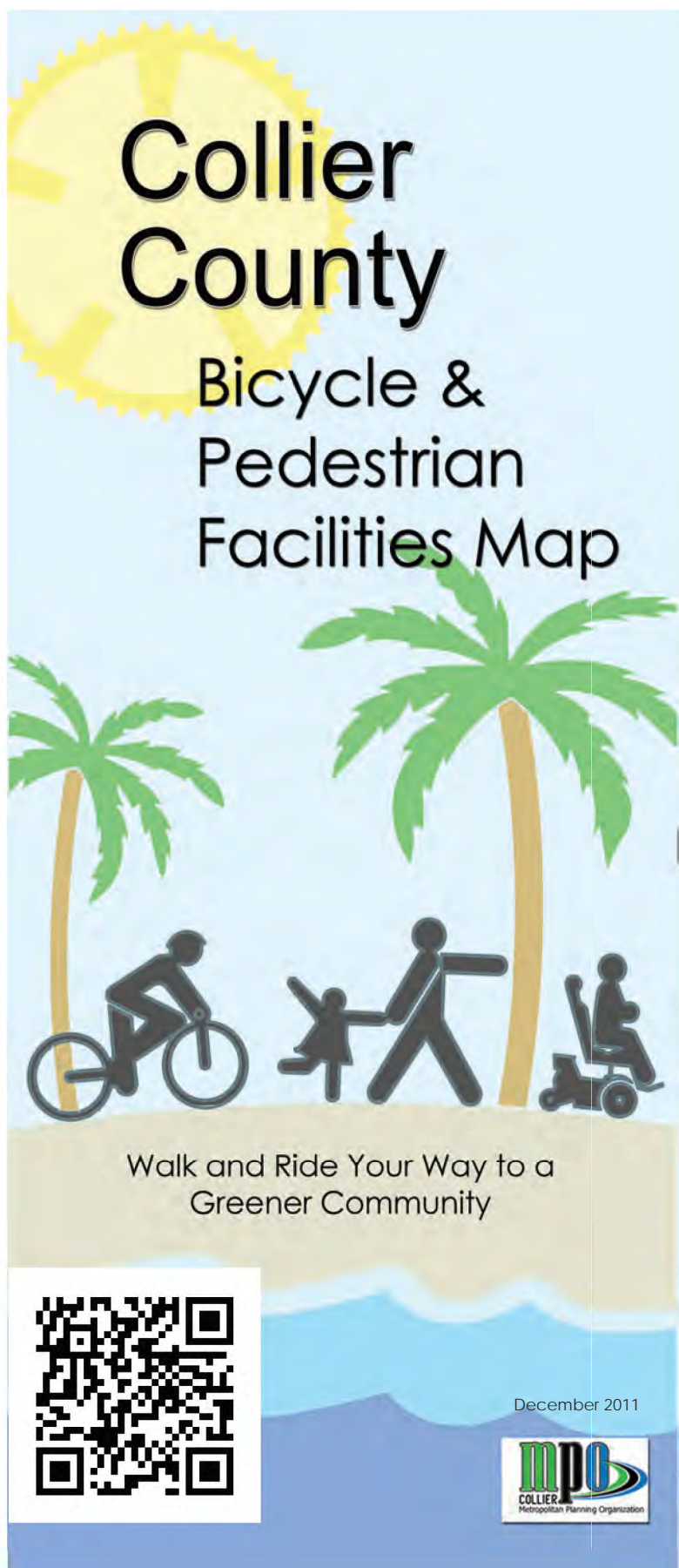
Collier Metropolitan Planning Organization (MPO)

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MPO Website:
www.colliermipo.org



Bicycle Safety Tips



Obey Traffic Signs, Signals and Laws
(Obedezca las señales, semáforos y leyes de tráfico)
Bicyclists must obey all the rules that apply to the driver of a motor vehicle.



Use Lights at Night
(Use luces en la noche)
The law requires a white headlight (visible from at least 500 feet ahead) and rear reflector and a taillight (visible 600 feet from behind).



Never Ride Against Traffic
(Nunca ande en contra del tráfico)
Motorists do not look for bicyclists riding on the wrong side of the road.



Follow Lane Markings
(Respete los carriles marcados)
Do not turn left from the right lane. Do not go straight in a lane marked right-turn-only.



The Best Way to Turn Left
(La mejor manera de girar a la izquierda)
There are two ways to make a left turn: 1) As in driving, move into the left lane and turn left. 2) Like a pedestrian, move onto the sidewalk, use the crosswalk, and walk your bike across. Always signal your intentions by hand.



Do Not Pass on the Right
(No pase por la derecha)
On streets without bike lanes, do not pass motorists on the right when approaching an intersection or when they have a turn signal flashing. On streets with bike lanes, be careful when passing on the right as some motorists may turn right unexpectedly.



Use Hand Signals
(Use señales de mano)
Hand signals tell motorists and pedestrians what you intend to do. Signal as a matter of law, of courtesy, and of self-protection.



Ride Slowly On Sidewalks
(Ande despacio por las aceras)
If riding on sidewalks remember, pedestrians have the right-of-way. You must give them an audible warning when you pass (call out, ring a bell or horn). Do not cross driveways or intersections without looking carefully for traffic and always yield to traffic when entering roadways.

Safety Tips for Pedestrians



Be Visible
(Sea Visible)
Wear bright clothing during the day. Wear reflective material and use a light at night.

Be Alert
(Mantenganse en alerta)
Look left, right, and left again before crossing the street. Make sure you have enough time to cross the street.

Obey Pedestrian Signals
(Obedezca las señales peatonales)
Understand the pedestrian signals:

- WALK (or the walking person) means it is your turn to cross. Look left, right, left. If it is clear, begin your crossing.
- WALK (o la persona caminando) significa que es su turno para cruzar la calle. Mire a la izquierda, derecha y a la izquierda otra vez. Si la vía está despejada empiece a cruzar la calle.
- Flashing DON'T WALK (or flashing upraised hand) means do not start crossing. If you have already begun your crossing, finish crossing.
- DON'T WALK – Intermitente (o mano alzada intermitente) significa que no debe empezar a cruzar la calle. Si usted ya está cruzando, continúe y termine de cruzar la calle.
- Steady DON'T WALK (or steady upraised hand) means do not cross. You should be out of the crosswalk.
- DON'T WALK – Fijo (o mano alzada fija) significa no cruzar. Usted debe de haber terminado de cruzar la calle y estar fuera del paso de peatones.

Use the Sidewalk if One is Available
(Si hay aceras disponibles uselas)
Always use a sidewalk if it is available. If no sidewalk is available, walk on the shoulder of the roadway facing traffic.

COLLIER COUNTY URBAN AREA BICYCLE & PEDESTRIAN FACILITIES MAP

